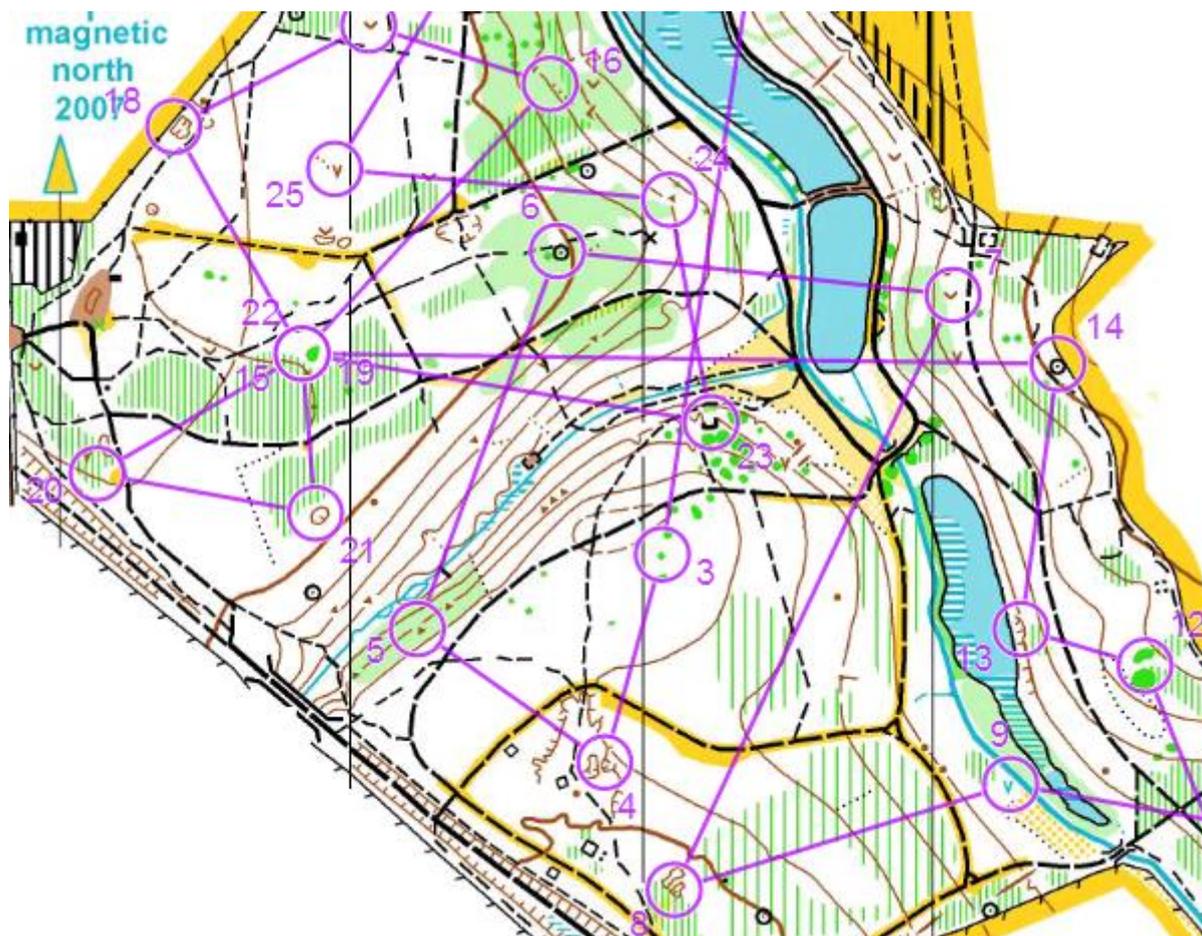




Epistle



No. 235
February - March 2016



A very busy Brown course at EPOC's Newmillerdam Event
on 20th December!

EAST PENNINE ORIENTEERING CLUB

Serving Calderdale, Kirklees and Wakefield

OFFICERS AND COMMITTEE 2015/2016

Chair	Vacant	
Secretary	Viv Barraclough	viv.barraclough@cantab.net
Treasurer	David Morgan	d345morgan@btinternet.com
Epistle Editor	Emma Harrison	eah1607@aol.com
Fixtures Secretary	Davey Averill	daveyaverill@live.co.uk
Membership Secretary	Mike Pownall	mike58pownall@gmail.com
Committee Members	Alistair Tinto	alistair.tinto@yahoo.co.uk
	Paul Taylor	p.c.taylor@leeds.ac.uk
	Paulette Noot	paulette@noots.net
	Pat Thorpe	nirvanalee@hotmail.co.uk
	Rod Shaw	margrod123@gmail.com
	Jean Lochhead	jean@lochhead.fsnet.co.uk

OTHER CLUB OFFICIALS

Club Coach	Viv Barraclough	viv.barraclough@cantab.net
Club Championship	Vacant	
Compass Sport Trophy	Emma Harrison	eah1607@aol.com
Club Kit Officer	Vacant	
Hoodies/Sweatshirts	Emma Harrison	eah1607@aol.com
Mapping Co-ordinator	Paul Taylor	p.c.taylor@leeds.ac.uk
Permanent Courses	Vacant	
Publicity	Graham Lloyd	thelloydfamily@tiscali.co.uk
Relay Organiser	Alistair Tinto	alistair.tinto@yahoo.co.uk
Stores and Equipment	Scarf Family	thescarfs@hotmail.com
E-Punching Equipment	Ian & Julie Couch	ian@ircouch.eclipse.co.uk
Website	Anthony Greenwood	anthony.greenwood@talktalk.net
YHOA committee rep	Alistair Tinto	alistair.tinto@yahoo.co.uk

EPOC WEBSITE www.eastpennineoc.org.uk

EDITORIAL

Following the usual quieter period over Christmas and into the new year, we now have a busy few months ahead of us with the Compass Sport qualifying round in March, followed by the JK weekend 2 weeks later then the Northern and British Championships in April.

We need as many people to run at the Compass Sport event as possible (more details later in the Epistle) and I know a lot of you are helping and running on various days at the JK. Good luck to everyone running at one or all of these major events coming up.

Don't forget to give your legs (and brain) a stretch at Sowerby Bridge on 7th February – with up to 3 maps for each course, Andy Thorpe is looking forward to challenging us all!

Emma Harrison

CHAIRMAN'S CHAT

Unfortunately no-one stood for club chair for this year, so there won't be any 'Chairman's Chat'.

The EPOC Epistle is the club's bi-monthly newsletter

All offerings to the Epistle, including photo's, are gratefully received, especially the unsolicited ones. Reports on small events are just as welcome as those on big events. It really helps if articles, photo's, reports, notices and gossip can be emailed directly to me at

Eah1607@aol.com

Copy to Emma by 20 March 2016
Look forward to hearing from you!

Helping at an EPOC event?

Don't forget you can have half price entry to any EPOC event when you help out at an event in some way. If you need to pre-enter an event the discount code is available from the event organiser to claim a helper discount!

Want to see how you rank on an unofficial BOF ranking list?

And you can also compare yourself with any other runner who regularly runs the same course. Go to <http://oobrien.com/stats/index> and enter your name and club. Very impressive!
Guy

Membership

Not everyone has renewed their membership yet but shortly an updated membership list will be sent out. It has been noted that long standing EPOC member Sue Brant has finally decided to hang up her orienteering shoes. Sue has been a member of EPOC for over 30 years and the committee would like to thank her for everything she has done for the club during that time.

What has your committee been doing?



East Pennine Orienteering Club Summary of Committee Meeting Wednesday 20 January 2016 Marsh Liberal Club



Present: Alistair Tinto, David Morgan, Emma Harrison, Paulette Noot, Davey Averill, Viv Barraclough, Paul Taylor, Jean Lothead and Rod Shaw

Apologies: Pat Thorpe, Linda Hayles

Minutes of last meeting: These were approved with no outstanding items. Jean has joined the committee. All approved. Linda has left the committee.

Treasurer's report: This had been previously circulated and was accepted.

JK Update: Alistair gave a short update on the JK. Emma to email parents of children eligible for EPOC relay team(s). Alistair to co-ordinate teams. Viv to contact Examiner with press release

Facebook page: Paul offered to have a go at merging our current two pages and promoting them

Fixtures:

- Sowerby Bridge approaching (7 Feb)
- Huddersfield weekend; Sat 2nd July Farnley Tyas incorporating the Yorkshire Schools' Championships, Sun 3rd Urban using Richard's new map. Paul to give some thought to a name for the weekend's events
- Compass Sport Cup Final is on October 16th 2016 at Tankersley; Saturday afternoon event on 15th possibly at Deffer; needs checking for excess bramble cover
- Christmas event 2016 to be at Storthes Hall hopefully

For 2017 we have a level C event in January, Yorkshire sprints in May, Urban event in June, Level B at Rishworth 12th November, possibly using school for event centre, Saturday 23rd December level C event

Mapping: Discussed potential remap of Honley for Jan '17 event

Coaching etc: Viv hoping to do series of activities to lead up to Yorkshire Schools' Orienteering Championships in July

Publicity: website committee photos need updating

Any Other Business:

YHOA squad: Natasha Conway is now the YHOA Junior Squad manager and treasurer dealing with co-ordination and admin. Nev is the lead coach and other coaches are on board. PT and EAH very happy with new set-up

Informals: Davey offered to organise Sunday informals where there are gaps in the regional fixtures

Yorkshire Schools' Championships: Viv to plan certificates and medals/badges to order after the event and post out to schools for presentation in assemblies. Need to publicise YSOC around the region

Compass Sport Cup: we are in the qualifying round at Claro Timble Ings event on 13th March

Date of next meeting: 16th March 2016 at Marsh Liberal Club **19.00**

East Pennine Orienteering Club Treasurer's Report for January Epistle

- 1 Since the last Epistle, the club has held 2 events - the annual night and day pre-Christmas weekend. This year it was held at Newmillerdam and attracted a good entry. Costs were kept to a minimum and as a result the events made a healthy surplus.
- 2 The major item of expenditure since the last meeting was the purchase of new S.I. equipment and the repair of older equipment. The club now has sufficient SI equipment to cover our JK commitment and to organise regional events.
- 3 Future expenditure will see the purchase of 40 new kites. Some of these are to cover the new boxes, some to replace damaged kites and some to upgrade the general stock.
- 4 Membership renewals are proceeding well. To date we have 59 membership units and the vast majority of last year's members have renewed.

- 5 We are perhaps fortunate that the recent floods will not impact on our Sowerby Bridge event. The committee has agreed to make a contribution to the Calder Valley Flood Appeal.
- 6 At this stage, it is not possible to give an estimate for 2015/16 as a whole but it is probable that there will be a small overall deficit reflecting the level of investment that the club has made.

David Morgan, January 2016

Orienteering Foundation - Article for Club Newsletters/Websites - December 2015

Who we are

The Orienteering Foundation is a registered charity, independent of British Orienteering. It was set up with money from a bequest from Bertie & Elsie Ward and is now raising further funds and awarding grants. The objectives are to promote the sport of orienteering through enhancement, innovation, and alleviation of hardship.

The Orienteering Foundation is built on your generosity. We welcome all donations, no matter how large or small, and there are many ways you can contribute.

Many grants have been made, for example supporting national teams at the World Schools Championships, regional squads training at home and abroad, and enhancing the Junior Home Internationals. There has been a historical focus on juniors, but we welcome grant applications for any projects that meet our objectives.

There have been some recent changes to the Orienteering Foundation and this article give you the up to date news.

New web site

The Orienteering Foundation has substantially revised its website (www.orienteeringfoundation.org.uk) which now includes details of how to donate, how to apply for funding, and reports from funded projects - let us know what you think.

New Orienteering Foundation Chair

At the Trustees' meeting in September, the Trustees elected Neil Cameron as Chair for the period until early 2018.

Making grant applications

The process for making grant applications is under review but full details of the current process and an application form can be found on the new web site. We are keen to have new applications by January 2016 so that they can be considered at the next Trustee meeting on 1 February. Deadline dates and the application form are on the website.

Donors

Thank you to all those who continue to support us, or have recently started a regular donation. We are of course always happy to receive donations (this can be done directly from the web site if you wish) and to discuss the work of the Foundation with potential new donors (contact the Chair or any other Trustee). Donation methods and sources include:

- ⤴ Regular monthly or yearly donation
- ⤴ One-off donation
- ⤴ A bequest left in your will
- ⤴ Proceeds from fund-raising activity
- ⤴ Donation of volunteer expenses: instead of ignoring expenses, claim them and give them to charity (the Orienteering Foundation)

Orienteering Foundation and Contacts

You can contact the Orienteering Foundation by e-mailing chair@orienteeringfoundation.org.uk or admin@orienteeringfoundation.org.uk. The Chair can also be phoned on 01684 294791.

Following some recent changes and new appointments, the full list of contacts is :

- ▲ Neil Cameron – Chair & Trustee, phone 01684 294 791
chair@orienteeringfoundation.org.uk
- ▲ Duncan Archer – Trustee
- ▲ Malcolm Duncan – Trustee
- ▲ Andrew Evans – Trustee
- ▲ Pauline Olivant – Trustee
- ▲ Viv Macdonald – Administrator, admin@orienteeringfoundation.org.uk

We still have a vacancy for a new Trustee and we are particularly interested in recruiting someone from the North-West or Scotland.

For further information on all of the above, and details of recent grant awards and new stories, see the recently updated website <http://www.orienteeringfoundation.org.uk>

COMPASS SPORT TROPHY 2016

Our Compass Sport qualifying round will take place on **Sunday 13th March hosted by CLARO at Timble. Entries will be through Fabian 4 and the closing date will be 29th February.** The event isn't on Fabian 4 yet but I will let you know as soon as it is.

We have tougher competition this year as more clubs have opted for the CLARO event than we usually run against, including last years winners SROC so we really do need as many people to run as possible. However despite SROC being in this round, with a strong team, we still have a good chance of qualifying because if they do win then the 2nd placed club will also qualify for the final so we need to come in the top 2. We managed top 3 at the final in 2015 so this is achievable!

The final, assuming we get there, will be at Tankersley, literally on our doorstep so it would be great to make it to the final and then field a full team of all EPOC members!

EPOC ORIENTEERING TOPS

There are just a couple of EPOC tops, both size XS (36" chest), available to buy. If there is sufficient interest I can look into ordering some more tops so please let me know if you would like a top in a different size to the ones in stock. Remember they are an athletic fit!

Eah1607@aol.com

JK2016 Yorkshire



Is nearly upon us! We are all set and ready for relay day 4. Many thanks to those of you who are helping.

Just a few reminders ;-

Meeting on 12th March at 10.00am for anyone who wants to walk it all through before the day. Meet outside the reception on the campus.

Anyone who can spare some time afterwards is invited to bash some brash in a few areas to make the best of Richards lovely courses (please bring a bashing implement!)

Parking on the day for non-running helpers is on the campus, first car park as you enter. Please park before 9am as this is on the competition area!

If anyone has not received the helper grid and is unsure of their job please let me know.

Remember to collect your food vouchers and giraffe from the tent in the arena on the day.

Many thanks
Amanda

EPOC Rankings 2016

These are the current ranking positions (as of 27.1.16) of EPOC members aged second year M/W16 and over (ranking points are not awarded to first year M/W16 and younger).

Pos. ?	Name	Points	Contributing scores ?
1 (50 +1)	James Logue	7980	1322, 1330, 1327, 1323, 1338, 1340
2 (115)	Andy Thorpe	7780	1279, 1291, 1299, 1311, 1315, 1285
3 (119)	Alasdair Pedley	7775	1289, 1292, 1303, 1306, 1297, 1288

Pos. ?	Name	Points	Contributing scores ?
4 (159 +2)	Simon Bourne	7691	1289, 1283, 1269, 1274, 1289, 1287
5 (170)	Simon Martland	7676	1278, 1287, 1294, 1284, 1266, 1267
6 (283)	Jonathan Emberton	7518	1251, 1249, 1253, 1248, 1260, 1257
7 (315)	Mike Pedley	7458	1257, 1238, 1234, 1246, 1244, 1239
8 (328 +2)	Paul Taylor	7439	1231, 1263, 1227, 1235, 1252, 1231
9 (413 +2)	Phil Scarf	7349	1224, 1205, 1209, 1258, 1233, 1220
10 (766 +6)	Richard Payne	7024	1168, 1178, 1186, 1168, 1160, 1164
11 (816 +7)	David Averill	6992	1167, 1165, 1177, 1158, 1165, 1160
12 (828 +6)	Emma Harrison	6983	1170, 1163, 1163, 1169, 1154, 1164
13 (954 +1)	Alistair Tinto	6903	1137, 1150, 1138, 1147, 1179, 1152
14 (962 +1)	Graham Lloyd	6897	1155, 1134, 1144, 1164, 1155, 1145
15 (1083 +3)	Amanda Crawshaw	6814	1170, 1121, 1141, 1133, 1120, 1129
16 (1172 +4)	Megan Harrison	6742	1108, 1148, 1108, 1098, 1168, 1112
17 (1240 +5)	Julie Couch	6693	1117, 1105, 1106, 1109, 1113, 1143
18 (1279 +2)	Jackie Scarf	6661	1116, 1117, 1121, 1079, 1120, 1108
19 (1279 +2)	Richard Spendlove	6661	1140, 1102, 1104, 1117, 1093, 1105
20 (1387 +3)	Ian Couch	6576	1122, 1107, 1095, 1084, 1082, 1086
21 (1553 +11)	Esther Logue	6474	1056, 1057, 1097, 1091, 1119, 1054
22 (1624 +11)	David Harrison	6423	1067, 1081, 1102, 1049, 1054, 1070
23 (1895 +12)	Paul Jackson	6206	1087, 1034, 1010, 1052, 1008, 1015
24 (2022 +7)	Helen Pedley	6107	1028, 1012, 1012, 1015, 1017, 1023
25 (2150 +8)	Jean Lochhead	6009	1005, 997, 999, 998, 997, 1013
26 (2234 -29)	Neil Croasdell	5938	980, 990, 1022, 1011, 955, 980
27 (2338 +7)	Guy Goodair	5835	965, 1008, 960, 967, 971, 964
28 (2393 +11)	Helen Martland	5780	980, 989, 949, 940, 945, 977
29 (2478 +6)	Keith Sykes	5699	945, 924, 985, 927, 1020, 898
30 (2513 +8)	Gill Ross	5669	941, 943, 954, 941, 942, 948
31 (2565 +6)	Rod Shaw	5620	924, 957, 986, 921, 915, 917
32 (2639 +2)	Joanna Emberton	5536	919, 915, 938, 891, 924, 949
33 (2669 +5)	Linda Hayles	5494	853, 869, 974, 920, 987, 891

Pos. ?	Name	Points	Contributing scores ?
34 (2806 +3)	Judith Goodair	5302	853, 921, 943, 882, 853, 850
35 (2863 +4)	Fred Ross	5219	856, 847, 884, 869, 893, 870
36 (2873 +4)	Philip Thompson	5208	860, 884, 856, 882, 869, 857
37 (2946 +7)	Mike Thorpe	5085	852, 774, 989, 787, 889, 794
38 (2969 +9)	James Williams	5039	1295, 1228, 1280, 1236
39 (3129 +7)	Jackie Page	4753	786, 785, 796, 816, 759, 811
40 (3130 +9)	Jane Payne	4751	802, 785, 793, 793, 789, 789
41 (3223 +8)	Rebecca Lloyd	4566	753, 768, 768, 770, 698, 809
42 (3229 +8)	Pat Aspinall	4547	744, 740, 812, 778, 732, 741
43 (3243 +8)	Brian Mellor	4505	658, 1032, 943, 989, 883
44 (3244 +8)	Viv Barraclough	4504	1122, 1148, 1044, 1190
45 (3246 +9)	William Barraclough	4499	1104, 1092, 1140, 1163
46 (3276 +5)	Corinne Roberts	4451	748, 735, 650, 845, 725, 748
47 (3366)	Margaret Shaw	4234	664, 725, 705, 695, 680, 765
48 (3420 -1)	Juliet Morgan	4098	886, 789, 825, 793, 805
49 (3461 +4)	Bob Steeper	4003	898, 798, 822, 622, 863
50 (3588 +12)	David Morgan	3650	745, 671, 758, 734, 742
51 (4356 +9)	Paulette Noot	1834	536, 621, 441, 236
52 (4362 +10)	John Elliott	1822	946, 876
53 (4370 +10)	Robert Page	1808	878, 930
54 (4453 +2)	Tom Crawshaw	1631	836, 795
55 (4560 +7)	Adam Breaks	1260	1260
56 (4635 +8)	Bryan Parkinson	1153	1153
57 (4718 +7)	Steven Wood	1087	1087
58 (4778 +5)	Roland Sansom	1042	1042
59 (4831 +6)	John Rawden	1016	1016
60 (4861 +4)	Gillian Markham	999	999
61 (5122 +11)	Alan Hardwicke	785	785
62 (5178 +11)	Raymond Stone	737	737
63 (5255 +10)	Siarlot Lloyd	632	632

Pos. ?	Name	Points	Contributing scores ?
64 (5322 +10)	Donna Wood	513	513
65 (5412 +13)	Pat Thorpe	85	8, 8, 69

Catering by Viv Barraclough

Quality hot and cold food with emphasis on seasonal and local produce

Private Functions and Special Occasions
Corporate Events and Business Lunches, Morning Coffee, Afternoon Tea,
Dinner Parties and Ready Meals

Menus to suit your taste and budget

Tel: 01484 604527 or 07906 500541; Email: viv.barraclough@cantab.net

EVENT REPORTS AND RESULTS

(a huge 'thank you' to Guy, as always, for sifting through and sending me all the results)

SYO YHOA Superleague, Wharnccliffe - 6 Dec 15

Short Brown (length 7.5km, climb 185m)

3 Alasdair Pedley 81:00
5 Simon Martland 83:25
13 Paul Taylor 94:40
23 David Averill 112:11
Alistair Tinto rtd Missing nos 14-19

Blue (length 5.8km, climb 125m)

10 Mike Pedley 72:14
27 Emma Harrison 83:25
43 David Harrison 106:15
Amanda Crawshaw rtd Missing nos 13-20

Green (length 4.0km, climb 90m)

4 Sarah Pedley 64:14
14 Keith Sykes 70:04
16 Laura Harrison 71:19
18 Paul Jackson 71:42
27 Brian Mellor 81:05
45 Rod Shaw 99:32

Short Blue (length 4.8km, climb 115m)

6 Megan Harrison 73:21
12 Richard Payne 79:21
26 Helen Pedley 95:16

Short Green (length 3.2km, climb 75m)

11 Judith Goodair 73:29
12 Helen Martland 73:37
15 Jean Lochhead 76:48
16 Guy Goodair 77:04
18 Margaret Shaw 80:42
29 Philip Thompson 94:17
32 Jackie Page 98:14
34 Jane Payne 111:06

Orange (length 2.9km, climb 80m)

1 Sam Crawshaw 24:12
8 William Martland 41:19

Yellow (length 2.2km, climb 85m)

Alexandra Crawshaw dnf No finish time

HALO YHOA Night League, Swinemoor - 12 Dec 15

Short 2.20km

1. Megan Harrison 19.02

Medium 3.50km

4. Emma Harrison 34.14

Long 6.20km

11. Alistair Tinto 49.21

HALO, Beverley Westwood - 13 Dec 15

Short Green 4.6km, 25m

4. Laura Harrison	45.08
9. Guy Goodair	57.01
10. Gill Ross	57.04
11. Jean Lochhead	58.28
14. Jackie Page	63.08
16. Rebecca Lloyd	67.16
17. Fred Ross	72.18

Green 5.7km, 35m

6. Alistair Tinto	52.27
7. Megan Harrison	53.12
15. Paul Jackson	58.40

Blue 8.0km, 50m

7. Graham Lloyd	59.58
9. Emma Harrison	64.59
14. David Harrison	77.23

DVO East Midlands League, Longstone Moor - 13 Dec 15

Orange (length 2.9km, climb 85m)

Sam Crawshaw rtd

Green (length 4.4km, climb 125m)

16 Brian Mellor 51:09

Blue (length 5.8km, climb 155m)

5 Paul Taylor 46:26
Amanda Crawshaw dnf

Peak Raid Mini Mountain Marathon, Crowden - 13 Dec 15

(3 hour Score)

LV60

3 Linda Hayles 260pts

MV60

8 Rod Shaw 200pts
9 Neil Croasdell 200pts
10 Phil Thompson &
Keith Montgomery 160pts

EPOC YHOA Night League, Newmillerdam - 19 Dec 15

Medium 3.9km

3= William Barraclough 39.22
5. Amanda Crawshaw 41.28
23. Rod Shaw 110.55

Short 2.4km

3. Luke Barraclough 32.33

EPOC Level C Event, Newmillerdam - 20 Dec 15

Yellow 2.4km, 50m

1. Alex Crawshaw 21.56
2. Luke Barraclough 23.42
3. Seth Barraclough 25.47

Orange 3.7km, 90m

1. Beth Emberton 32.36
5. Anna Thorpe 47.30
7. Sue Brant 58.12
8. Sue Levinson 81.09

Light Green 3.5km, 70m

5. Joanna Emberton 40.47
9. Philip Thompson 50.21

Short Green 3.7km, 65m

8. Guy Goodair 53.04
12. Rebecca Lloyd 54.58
13. Mike Thorpe 56.13
20. Jane Payne 61.51
22. Judith Goodair 64.22

Green 5km, 125m

2. Viv Barraclough 42.05
7. Adam Thorpe 48.32
13. Amanda Crawshaw 54.04
16. Sam Crawshaw 55.41
32. Neil Croasdell 63.42
33. Keith Sykes 65.13
36. Brian Mellor 66.25

Blue 6.4km, 160m

12. Graham Lloyd 56.05
14. David Averill 56.49
18. Jackie Scarf 58.35
30. Richard Spendlove 67.16
43. Bob Steeper 83.46

Brown 7.9km, 220m

9. Andy Thorpe 54.52
12. Phil Scarf 59.02
14. Jonathan Emberton 59.33
20. William Barraclough 66.48
30. Linda Hayles 115.23

DVO East Midlands Urban League, Ashbourne - 1 Jan 16

Mens Senior Vet (5.7km, climb 110m)6

Richard Payne 48:42

Womens Senior Vet (3.9km, climb 45m)9

Jane Payne 51.43

MDOC John O Goats Score Event, Lyme Park - 2 Jan 16

Medium Course

2 Jon Emberton 62.31
Linda Hayles retired 110.04 (missed 4)

Short Course

11 Phil Thompson 60.38
35 Jackie Page 95.54
Neil Croasdell retired 70.50 (missed 1)
Jean Lochhead retired 53.50 (missed 6)

NOC East Midlands League, Boundary Wood - 3 Jan 16

Short Green (length: 3km, climb: 75m)

21 Jane Payne 56.00

Green (length: 4.2km, climb: 95m)

2 Richard Payne 41.55

AIRE YHOA Night League, Meanwood - 9 Jan 16

Long 5km 250m

15 Alistair Tinto 79.15

Medium 4.175km 200m

3 Megan Harrison 74.17
4 Emma Harrison 75.25
12 John Elliott 123.26
15 Helen Elliott & Abi W 174.39

SYO YHOA Superleague, Canklow Woods - 10 Jan 16

Orange (length 1.9km, climb 35m)

2 Alexandra Crawshaw 24:35
4 William Martland 26:32

Green (length 3.4km, climb 115m)

15 Paul Jackson 45:11
28 Helen Martland 48:25
37 Neil Croasdell 56:46
43 Fred Ross 60:36
45 Laura Harrison 64:49
46 Keith Sykes 66:27
48 David Harrison 67:25

Very Short Green (2.0km, climb 65m)

3 Judith Goodair 68:19

Short Green (length 2.6km, climb 100m)

8 Jean Lochhead 38:52
18 Gill Ross 43:01
21 Guy Goodair 44:56
28 Jane Payne 54:11

Blue (length 4.4km, climb 155m)

10 Emma Harrison 50:46
16 Sam Crawshaw 53:40
37 Linda Hayles 84:53
40 Rod Shaw 89:05

Brown (length 4.9km, climb 140m)

20 Richard Payne 50:06
44 Megan Harrison 64:43

BAOC Military League North, Beverley - 13 Jan 16

Blue

22 Neil Croasdell 79.08
27 Linda Hayles 86.47

Light Green

5 Jean Lochhead 42.35
10 Guy Goodair 46.00
16 Sue Levinson 48.15
20 Judith Goodair 49.51

EBOR YHOA Night League, Bishop Wood - 16 Jan 16

Long (length: 5.8km, 21 controls)

9 Alistair Tinto 87.31
John Elliott 143.20 (m20)

Middle (length: 3.6km, 16 controls)

5 Emma Harrison 55.38
8 Megan Harrison 58.25
Helen Elliott & Abbie W 128.35 (w4)

PFO NW Night League, Nick O'Pendle - 16 Jan 16

Blue Course 5.2km 335m

1 James Logue 48.04

EUOC Big Burns Weekend - 23 & 24 Jan 16

Edinburgh Street Race - 23 Jan 16

Course D 4.675km

59 Amanda Crawshaw 54.29

74 Helen Martland 60.10

SoSOL Holyrood - 24 Jan 16

Blue 6.4km 285m

73 Amanda Crawshaw 80.30

Green 4.5km 250m

m18 Helen Martland 94.49

AIRE, Flasby Fell - 24 Jan 16

Brown 8.1km 410m

4 Alasdair Pedley 60:33

7 Phil Scarf 66:24

10 Andy Thorpe 69:05

11 Jonathan Emberton 71:52

Blue 6.3km 320m

10 Jackie Scarf 61:11

19 Richard Payne 64:24

Green 4.1km 180m

n/c James Williams 30:37

1 Adam Thorpe 36:08

6 Sarah Pedley 40:57

10 Helen Pedley 44:33

18 Paul Jackson 50:57

32 Beth and Alex Emberton 56:08

46 Rod Shaw 64:10

Short Green 2.9km 115m

5 Joanna Emberton 47:26

14 Margaret Shaw 65:47

15 Jane Payne 67:28

m4-5 Paulette Noot rtd

Orange 2.7km 90m

7 Anna Thorpe 54:30

14 Pat Thorpe 79:28

Yellow 1.8km 50m

3 Imogen Noot-Williams 39:11

White 1.1km 30m

7 Ffion Noot-Williams 24:30

NOC Score Event, Rufford Park - 24 Jan 16

Short Score (23 controls, limit 40 minutes, penalty 30 points)

14 Jean Lochhead 190pts

15 Judith Goodair 170pts

21 Jackie Page 110pts

28 Guy Goodair -90pts

Long Score (23 controls, limit 60 minutes, 30 points penalty)

5 Emma Harrison 450pts

29 Gill Ross 260pts

38 Fred Ross 190pts

SYO Sport Relief Regional Event, Brodsworth - 31 Jan 16

White (length 1.4km, climb 15m)

8 Ffion Noot-Williams 19:27

Yellow (length 2.0km, climb 25m)

6 Imogen Noot-Williams 25:41

Short Green (length 3.4km, climb 75m)

6 Joanna Emberton 48:49

7 Jean Lochhead 49:15

9 Gill Ross 51:04

16 Philip Thompson 59:15

20 Jackie Page 67:35

22 Jane Payne 71:33

24 Margaret Shaw 74:23

32 Paulette Noot 97:00

Green (length 4.4km, climb 95m)

1 Richard Payne 39:28

32 Rod Shaw 67:10

34 Fred Ross 73:27

Blue (length 6.2km, climb 155m)

2 Jonathan Emberton 52:26

19 Alistair Tinto 59:59

YHOA URBAN LEAGUE – 2016

For details go to www.yhoa.org.uk

Best 5 Events to count

1	EPOC	Sowerby Bridge	07-Feb	
2	HALO	Freshney & Willows	22-May	UKUL05
3	CLARO	Ripon	29-May	
4	EBOR	York	30-May	
5	SYO	Attercliffe/Don Valley	05-Jun	
6	AIRE	Settle & Giggleswick	25-Jun	
7	EPOC	Huddersfield	03-Jul	
8	EBOR	Peasholme Park	22-Oct	
9	AIRE	Saltaire & Shipley	30-Oct	

YHOA SUPER LEAGUE - 2015

Congratulations to the following EPOCies who came in the top 3 in their age class:- M12 - 1st Sam Crawshaw; M14 - 1st Adam Thorpe; M16 - 1st Alasdair Pedley; M40 - 3rd David Harrison; M45 - 1st Andy Thorpe; M55 - 1st Mike Pedley; M65 - 3rd Richard Payne; M70 - 3rd Paul Jackson; M75 - 2nd Rod Shaw; M80 - 1st Philip Thompson; W10 - 1st Alex Crawshaw; W12 - 3rd Anna Thorpe; W14 - 2nd Sarah Pedley; W16 - 2nd Megan Harrison; W40 - 1st Emma Harrison; W55 - 2nd Julie Couch; W70 - 1st Judith Goodair. For full results go to www.yhoa.org.uk

YHOA SUPER LEAGUE - 2016

For further information go to www.yhoa.org.uk

For 2016 there will again be 9 events, with the best 5 scoring.

10 Jan 16	SYO Middle Distance Event (C) – Canklow, Rotherham	
10 Apr 16	YHOA Championships (B) – Londesborough Park, Market Weighton	
24 Apr 16	EBOR Regional Event (C) – White Horse, Thirsk	
8 May 16	YHOA Middle Distance Championships (C) – Harden Moor, Keighley	
26 Jun 16	The Dales Town and Country Weekend (B) – Yockenthwaite, Buckden	
2 Jul 16	EPOC Regional Event (C) – Farnley Tyas, Huddersfield	
28 Aug 16	White Rose Weekend (B) – Dalby Forest, Pickering	
25 Sep 16	CLARO Regional Event (C) – Harlow Carr & Hill, Harrogate	
6 Nov 16	SYO Regional Event (C) – Burbage, Sheffield	

YHOA NIGHT LEAGUE – 2015/16

The 2015/16 YHOA Night League finished on Saturday 16th January. For full results go to www.yhoa.org.uk

FIXTURES – February to April 2016

A complete list of fixtures can be found on the BO website

www.britishorienteing.org.uk

Date	Club/Region	Type/Area	Location
------	-------------	-----------	----------

February

7	EPOC 	Urban Event	Sowerby Bridge
13	MDOC/NWOA 	Northern Night Championships, Philips Park	Prestwich, North Manchester
14	CLOK/NEOA	Hutton Mulgrave & Skelder	Whitby
14	NOC/EMOA	Bestwood Country Park	Nottingham
21	EBOR/YHOA	Regional Event, Cawthorne & Keldy	Pickering
27	LEI/EMOA 	British Night Championships, Cademan & Thringstone Woods	Loughborough
28	NOC/EMOA	Midland Championships, Sherwood Forest	Ollerton

March

6	DVO/EMOA	Longshaw Regional	Sheffield
6	CLOK/NEOA	Hutton Lowcross	Guisbrough
13	CLARO/YHOA	Compass Sport Qualifying Round, Timble	Harrogate
25-28	YHOA	JK Weekend	Yorkshire

April

2	LOC/NWOA	Middle Distance, Tarn Hows	Coniston
3	LOC/NWOA	Holme Fell	Coniston
3	NOC/EMOA	Sherwood Pines	Ollerton
10	HALO/YHOA	YHOA Championships, Londesborough Park	Market Weighton
16	CLOK/NEOA	Whitby Urban	Whitby
17	CLOK/NEOA	Northern Championships	Whitby
24	EBOR/YHOA	White Horse	Thirsk
30	WMOA	British Championships, Brown Clee	Bridgnorth
1 May	WMOA	British Relays, Brown Clee	Bridgnorth

Check with club and/or BO websites for further information about an event. Club websites can be found via the BO website (details above).